

Carolina Woman

December 2021 – February 2022

A publication of North Carolina United Society of Friends Women

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Mark your calendars!!

Spring Conference

Saturday May 21, 2022 at Quaker Lake Conference Center

PRESIDENT'S MESSAGE

Janet Robbins

Resting in His Shadow..." He is my refuge and my fortress, my God in whom I trust." The theme for 2021-2022 held new meaning for me on October 11, 2021. I rented a bicycle on vacation and was so looking forward to riding on the beach that afternoon. Unfortunately, I didn't make it to the beach. After adjusting the seat on the bike to what I thought was the correct height, I walked it into the parking lot and got on the seat only to realize too late that the seat was still too high. I lost my balance and fell on my left wrist. I heard the crunch of my wrist and a pain in my knee as I tried to lift my arm and recover from my fall. Blood was dripping down my arm and I could hear my sister scream, No! She took me to the hospital and the surgeon said it was the worst break he had seen in 40 years, breaking both the ulna and radius. I stayed in the ER all night by myself because COVID restrictions would not allow any visitors. During this time, I stared at the clock and prayed for God to help me in my brokenness, both physically and emotionally. In the stillness of the night when I felt alone, I knew I was not.

The next day I thought I was having surgery, but the surgeon decided after reviewing my x-rays again that I needed to come back home and see a hand specialist. My surgery was on 10/15 and again I felt that many prayers were answered and that I was in the right place with the right surgeon. I am now on the way to a slow recovery but there are little blessings along this journey. It was my left hand/wrist so I can still write and function using my dominant hand. Also, my knee seems much better and thankfully I didn't break a hip. Although I am facing another surgery in January, my trust is in the great healer. Until I am back to a new normal, I will do my physical therapy and rest in His shadow.

In a spirit of thankfulness, thank you to Forbush Friends USFW for hosting our Fall Annual Gathering on 9/11/21. These ladies blessed us with beautiful decorations, a wonderful meal, and we had great speakers, Bernie and Mac McDonald from Mesquakie Friends Center.

As we approach 2022, I hope you will keep these important dates in mind: **Spring Conference at Quaker Lake May 21, 2022-** Katrina McConaughy speaker. Come hear the story of our pads project. I am so thankful to all who have helped with this service!

2022 Greensheet projects- our summer months need your support even if your circle is not meeting. Thank you so much for giving !

Lastly, with the holidays approaching, enjoy your family and feel the blessings of our Heavenly Father.

CHILDREN AND YOUTH EDUCATION

Denise E. Barnes

Angels Watching Over Me

“When they had gone, an angel of the Lord appeared to Joseph in a dream. “Get up,” he said, “take the child and his mother and escape to Egypt. Stay there until I tell you, for Herod is going to search for the child to kill him.” - Matthew 2:13 (NIV)

There is an old African American spiritual that tells about how God sends His angels to watch over us. It’s called “Angels Watching Over Me”. No one knows who wrote it, but supposedly it came from the south during the days of slavery. This is how it goes:

All night, all day,
 Angels watching over me, my Lord.
 All night, all day,
 Angels watching over me.
 Sun is a-setting in the west;
 Angels watching over me, my Lord.
 Sleep my child, take your rest;
 Angels watching over me.

When Jesus was born, Herod was King. He thought that Jesus had come to set up a new kingdom here on earth and he was not happy at all! He wanted to find Jesus and have him killed. An angel came to Joseph in a dream and warned him of what Herod was trying to do and told Joseph to take Mary and Jesus to Egypt. That night they left and they stayed in Egypt until King Herod died. Afterward, the angel appeared in a dream to Joseph again and said, “Get up, take the child and his mother and return to Israel. All who were out to kill the child are dead.”

It is so wonderful that God sent angels to watch over Baby Jesus and protect Him from harm. God loves ALL of his children. He sends his angels to watch over us, too!

“Evil can’t get close to you, harm can’t get through the door. He ordered His angels to guard you wherever you go. If you stumble, they’ll catch you; their job is to keep you from falling.” - Psalm 91:11-12 (The Message)

I’m so glad that we have God’s angels watching over us as we walk - even in dangerous places.

Father, we thank you for your love and protection. Amen

ADULT MISSIONARY EDUCATION

Edith Shepherd

As we celebrate the miracle of Christmas and New Year let us be appreciative of all the blessings we have received from God during this past year.

May we begin 2022 ready to rediscover how best we can serve God and others in the programs of our local, state and international USFW/I

May this poem be of inspiration to you,

“May Light always surround you;
 Hope kindle and rebound you.
 May your Hurts turn to Healing;

Your Heart embrace Feeling.
 May Wounds become Wisdom;
 Every Kindness a Prism.
 May Laughter infect you;
 Your Passion resurrect you.
 May Goodness inspire
 your Deepest Desires.
 Through all that you Reach For,
 May your arms Never Tire.”
 — *D. Simone*

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Romans 12:11

SCHOLARSHIP

Bennie Burton

Ladies, it is time to inform your high school seniors in your congregation of the Eliza Armstrong Cox Scholarship. The forms for applying for the Eliza Armstrong Cox Scholarship are online at <http://friendschurchnc.org/usfw> Also, the form for a returning applicant is found at this website. Remember, applicants must be participating members of a meeting that actively participates in NC USFW. Applications for new and returning students must be postmarked on or before March 15, 2022. Between January 1 and March 15, 2022, students can apply for this scholarship. The applications need to be sent to me, Bennie Burton. My name and address appears at the bottom of the application page. Your encouragement to the graduating youth in your congregation is needed to get seniors interested in applying for the Eliza Armstrong Cox Scholarship.

ELIZA ARMSTRONG COX LIFETIME FELLOWSHIP MEMBER

Eliza Armstrong Cox Lifetime Fellowship membership is an honor and a recognition for service and dedication to the meeting and NC USFW. Circles will submit \$25.00 for each nomination (\$12.50 goes to USFWI and \$12.50 goes to the Eliza Armstrong Cox Scholarship Fund). A certificate signed by the USFWI President as well as the NC USFW President is sent to the Circle that submitted the name(s) for recognition. Nominations can be made at any time of the year but members are recognized at the Annual Gathering in the fall each year.

Member(s) to be recognized: _____

Meeting: _____

Name & Address of person(s) to receive certificate(s): _____

Date: _____

Enclose \$25.00 per nominee payable to NC USFW and send to the NC USFW Treasurer with your check. Thank you for your support of the Eliza Armstrong Cox Scholarship Fund.

copy this form as needed.....

PEACE AND CHRISTIAN SOCIAL CONCERNS

Linda Kersey

My dear sisters of the USFW, the theme for this BluePrint Program year is “Resting in His Shadow” Psalm 91:1-2. Now that is the real meaning of “Peace”. Peace is resting in God’s shadow. Imagine a small child skipping about behind or beside a parent, happy to be able to hide in the parent’s huge shadow. That reminds us of God’s huge shadow that covers all or any one of us who needs a rest. Resting is a synonym for Peace which all Earthlings crave.

My article will use quotes from September-November 2021 Carolina Woman, to call your attention to ladies of the USFW and what we are thinking. “Our Fall Annual Conference is quickly approaching and I pray and trust that God will provide for our safety. We are very excited to have 1. _____ and 2. _____ as our speakers for this Fall Annual Gathering at 3. _____ on September 11. Answers: 1. 2. 3 Here: _____. Who wrote part of her article in Spanish? 4. _____ And translated the title from Spanish to English: 5. _____

Who wrote the following Quote: 6. “Do we take the time to appreciate our blessings like sunshine or shade, rain or fluffy clouds in a clear blue sky, the sounds of God’s creatures or the quiet of walking forest trails? God’s blessings extend beyond our physical world..... Christ showed us how to be a blessing to others by his example. He met people at the point of their needs. Let us follow Christ’s leading as we provide items for FEMAP kits, support organizations like Salvation Army, donate to local food pantries, support our missionaries and assist those in our own communities who are in need.” Answer for #6: _____

You can earn a subscription to The Advocate and a \$20 MEAL CHECK if you are one of the first five to answer the 6 questions. Call in or text your answers to 336 402 6020, or email them to linx5432@gmail.com.

The first person to answer the questions last time was Becke Jones who called them in to me. She gave her subscription to THE ADVOCATE to Gail Phillips, Greensboro. Then gave her \$20 meal check as a donation to FEMAP. It’s your turn to become a winner for yourself or for someone else who doesn’t get THE ADVOCATE.

****Answers can be found in the September—November 2021 CAROLINA WOMAN**.**

STEWARDSHIP

Sherry Quinn

A Different Kind of Stewardship: Give Light to Your House

Matthew 5:15: *Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. ... and it shines to all who are in the house.*

What does it mean to let your light shine before others?

It means that if you are a good example, if you “let your light shine,” then when other people see your good example, they will know that you love our Heavenly Father and they, too, will want to honor Him.

But first we have to get our house ready. How do we do that?

Our bodies have to be ready and willing to shine so others can see. Do we eat right? Do we get the rest we need? Do we exercise our bodies and minds?

Burnout is a very real problem and it is precisely because we often take better care of others than we do of ourselves. God has called us to work and to serve, He has also called us to be good stewards of our minds and bodies; one is not more important than the other. Neglecting either one is just as sinful.

We need to make time to rest. We must make time to give our brains and bodies a break. We can start by ensuring that we are getting enough sleep at night. Studies show that we need seven to eight

hours of rest at night for our bodies to be rested and that's just physical rest. Mental rest and time for fun is equally important for our well-being. Scheduling vacations and using our off time to recharge our mental batteries needs to be a priority. Without the clarity of our minds our thoughts become cloudy and less likely to see what God would have us to be and do.

How about diet and exercise? Despite the hype about diet and exercise, it is still an important part of our overall well-being. Being a well-rested person with a terrible diet who doesn't get enough exercise is only going to cause us health problems sooner or later. Small improvements in the areas of diet and exercise now can help ensure that we remain healthy in the service of the Lord for many years to come. Our diet and exercise also help with our clarity of our mindset. Just removing some sugar, and occasional soda, smaller portions, etc. can make big changes and the short walk outside to see God's handywork all make us better, yet for some it is hard. Others have no problem. So why is it so hard. Because our mindset isn't where it should be. Mind and body have to be one. Soul searching and seeing where God wants us to be has to be there. Without it we can't be the very best we can be or what God wants is to be.

If our mind and body are one, then we become more enlightened, more ready for what the day will bring. What God has in store for us will be clearer. Isn't that the whole purpose of stewardship? To be the best we can be, so that God's light shines through to others. The Lord needs us at our best each and every day and we can only give Him our best when we've properly taking care of ourselves. Let us encourage each other to take care of ourselves and to be the best possible stewards of this life that God has blessed us with.

BE STILL AND KNOW. Well, that about says it for me. We have to listen to our bodies, our minds, our hearts and to God to become One with Ourselves, so we can be One with God and to serve.

CHRISTIAN SERVICE

Judy Craven

Paul Anderson, author of Following Jesus - The Heart of Faith and Practice, discusses his call into Christian ministry. As a young pastor he was studying at Earlham School of Religion. His mentor, Elton Trueblood, challenged him with this statement, "If you are a Christian, you are a minister. A non-ministering Christian is a contradiction of terms....The church of Jesus Christ is a ship that carries no passengers, for all are members of the crew....The authentic follower of Christ works neither for self nor gain, but to serve the needs of others as Christ's hands and feet in the world."

This description of the "crew" on a ship is true for our NCUSFW work on the sanitary pad project. Some purchase and donate fabric, some cut the pattern pieces, some sew or serge those various pieces, and a few add the snaps that help make the whole idea work for those girls and young women in remote areas of Kenya, like Samburu and Turkana. Others package and mail the kits. In September we sent over 40 kits to Marian Baker who took them to Kenya in October! We are now working on a second batch to be mailed before the end of November for delivery to Kenya in January. WHAT A CREW!!

Here at home our school children are back in their classrooms. Counselors are eager to receive hygiene kits at their schools. Hygiene kits have been taken to 13 schools in the Randolph and Chatham county area. Do you know if there are needs for hygiene items in your area schools?

FEMAP has been busy this year distributing nearly 1200 kits (infant, school, hygiene and farmworker) in 2021. Donations of items are always welcome along with help packaging the kits on Wednesdays. Another opportunity for you to help is in the making of the small, stuffed bears that policemen and firemen use to calm young folks they encounter in their workdays.

During this Thanksgiving season we are so very grateful for all these ladies and a few gentlemen who work to fill the needs of so many in our communities.

Blessings to you and your families.

LITERATURE

Sarah Cox

Two Hundred Years of History

My meeting, Bethel Friends, is celebrating its 200th anniversary. On October 31, a beautiful fall day, we had a wonderful time worshipping, reminiscing, fellowshiping and looking back at the history of Bethel. In the beginning, our members were a part of Holly Springs Meeting. Due to the lack of good roads in the 1800s, the members in our area found it more and more difficult to travel to Holly Springs for meetings, so they asked that they become a preparatory meeting and they remained that way from 1821 to 1921! That's 100 years!

A lot happened during those first 100 years. Three meeting houses were built. The first log meeting house was built in 1821. A second log structure was constructed about 1855 after the first burned. The third, a white frame meeting house, was built in 1888. Also, during that first 100 years, two different schools were built on property owned by the meeting. The first school was built in the late 1800's and in 1906 it was replaced with a state supported school. That school closed in 1950.

Education has always been important to Quakers and books are surely a necessary part of the education process. We found many types of old books as we prepared our historical displays. We found record books for Sunday School, the Missionary Society, committee meetings, Christian Endeavor and Yearly Meeting Minutes. There were school books and books about Quakerism. There were Bibles and books about the Bible. All these books reflect the history of Bethel Friends Meeting.

200 years is a long time to be a part of a community. Through those years, our members have seen five meeting houses and two different schools built on our land. The fact that there were two schools was something of which our committee was not aware. The school that was built in the late 1880s would have fallen into obscurity if someone had not saved a copy of an essay that a young student had written about the past, present and future of Bethel School. The only school that we were aware of was the 1906-1950 school that several of our members had attended.

Thanks to the all the books and records that were saved and pasted down in albums through generations, we know about the people and the work at Bethel Friends Meeting over the past 200 years.

I encourage you to look through the books in your meeting's library. You never know what you will learn about your meeting's history.

Need something for Christmas gifts?

We still have books available from our reading list. Let me know if I can you help complete your Christmas list with a good book!

Sarah Cox Literature Secretary

336-963-2710

MEMORIALS

As a way to remember those who have passed on, we want to take time each year to thank God for their service and faithfulness. Please list names below of members who have passed away this year. Memorials for 2021-2022 will be read at the NCUSFW 2022 Spring Conference.

Year _____ Meeting: _____

Name(s) _____

email Jan Dough – jdough@triad.rr.com

or Jan's mailing address is: 2541 Old Lexington Road, Asheboro, NC 27205

BIRTHDAYS OF WORKERS AND THEIR FAMILIES

December 13 Joshua & Caleb Holland
December 14 Getry Agizah
December 20 John Maru

January 1 David Sadam Lentirangoi
January 2 Nancy Wafula
January 11 Frank Tench
January 27 Catherine (Kate) Gunza
January 28 Magarita (Maggie) Tench

February 14 Emonse Muhindi

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Mail to

Etta Florence Winslow
202 Community Bldg Rd.
Belvidere, NC 27919-9666



September 2021 NC USFW Fall Conference at Forbush Friends



**North Carolina United Society of Friends Women September 2021
Officers and USFWI**

Front row: Sherry Hylton, Sarah Cox, Alicia Sharp, Bennie Burton, Rausie Hobson

Back Row: Sherry Quinn, Judy Craven, Janet Robbins, Etta Florence Winslow,
Rita Mintmier, Linda Kersey

Not present: Jessica Jarvis, Edith Shepherd, Denise Barnes, Adis Beeson

NC United Society of Friends Friends Women

2022 GREENSHEET PROJECTS

JAN	Four Funds NC Projects NC Projects	Kenya: Robert Wafula Scholarship Fund Eliza Armstrong Cox Fellowship Scholarship Fund FTC
FEB	Children & Youth NC Projects NC Projects	Kenya: Turkana/Samburu: Girls' Secondary Education FUM Covid Solidarity Fund FEMAP-Friends Emergency Materials Assistance Program
MAR	Peace & Christian Social Concerns United Thank Offering NC Projects	Belize: Oscar Mmbali Jamaica: Pastoral Care Matamoros, Mexico Missions
APRIL	Four Funds Keys to the Kingdom NC Projects	Kenya: Katrina & Shawn McConaughey/Successor <i>The Advocate</i> Subsidy Friends Homes Quaker Assistance Fund
MAY	Four Funds Peace & Christian Social Concerns NC Projects	Ramallah: Raina Maayeh Cuba: Quaker Institute of Peace Spring Conference Offering - Quaker Lake
JUNE	Children & Youth Keys to the Kingdom Christian Service NC Projects	Ramallah: Special Needs Children at Friends School Triennial Overseas Travel Assistance (USFW YM Clerks) Native American: Kickapoo Friends Center NC USFW Projects
JULY	Four Funds United Thank Offering	Belize: Nikki Holland (Friends School Director) Kenya: Friends Theological College E-Learning
AUG	Children & Youth Peace & Christian Social Concerns NC Projects	Ramallah: Eli & Sybil Jones Scholarship Fund E. Africa Friends Church Peace Team: Getry Agizah support Annual Gathering Offering: 1- Friends Center: Guilford College 2- Campus Ministry -FCNC
SEPT	Christian Service Peace & Christian Social Concerns NC Projects NC Projects	Native American: Mesquakie Friends Center Kenya: RSWR Samson Ababu Support 80% Membership Apportionment to USFWI (\$4) 20% Membership Apportionment to Scholarship Fund(\$1)
OCT	Children & Youth United Thank Offering NC Projects	Belize: Friends School Feeding Program Kenya: Samburu Ministry Staff & Pastors NCUSFW Scholarship Fund
NOV	United Thank Offering Christian Service	Kenya: Turkana Ministry Staff & Pastors Kenya: Lugulu Hospital Adopt-A-Bed
DEC	NC Projects	Friends Disaster Service-NCYM

Any time	Members Recognized at the Annual Gathering
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MEMBERSHIP TO: ELIZA ARMSTRONG COX FELLOWSHIP \$25.00 (\$12.50 goes to USFWI, \$12.50 stays with NCUSFW)
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NORTH CAROLINA UNITED SOCIETY OF FRIENDS WOMEN
2022 CHECK TRANSMITTAL FORM

MEETING: _____ **TREASURER NAME** _____

PHONE # _____

DATE: _____

CHECK # _____

AMOUNT: _____

JAN	Four Funds	Kenya: Robert Wafula	\$
	NC Project	Scholarship Fund Eliza Armstrong Cox F	\$
	NC Project	Scholarship Fund FTC	\$
FEB	Children & Youth	Kenya: Turkana/Samburu: Girls' Secondary Education	\$
	NC Project	FUM Covid Solidarity Fund	\$
	NC Project	FEMAP-Friends Emergency Materials A P	\$
MAR	Peace & Christian Social Concerns	Belize: Oscar Mmbali	\$
	United Thank Offering	Jamaica: Pastoral Care	\$
	NC Project	Matamoros, Mexico Missions	\$
APRIL	Four Funds	Kenya: Katrina & Shawn McConaughey/Successor	\$
	Keys to the Kingdom	The Advocate Subsidy	\$
	NC Project	Friends Homes Quaker Assistance Fund	\$
MAY	Four Funds	Ramallah: Raina Maayah	\$
	Peace & Christian Social Concerns	Cuba: Quaker Institute of Peace	\$
	NC Project	Spring Conference Offering - Quaker Lake	\$
JUNE	Children & Youth	Ramallah: Special Needs Children at Friends School	\$
	Keys to the Kingdom	Triennial Overseas Travel Assistance	\$
	Christian Service	Native American: Kickapoo Friends Center	\$
	NC Project	NC USFW Projects	\$
JULY	Four Funds	Belize: Nikki Holland (Friends School Director)	\$
	United Thank Offering	Kenya: Friends Theological College E-Learning	\$
AUG	Children & Youth	Ramallah: Eli & Sybil Jones Scholarship Fund	\$
	Peace & Christian Social Concerns	E. Africa Friends Church Peace Team: Getry Agizah support	\$
	NC Project	Annual Gathering Offering:	
		1- Friends Center: Guilford College	\$
		2- Campus Ministry -FCNC	\$
SEPT	Christian Service	Native American: Mesquakie Friends Center	\$
	Peace & Christian Social Concerns	Kenya: RSWR Samson Ababu Support	\$
	NC Project	Membership Apportionment to USFWI (\$4) NC Scholarship (\$1)	
		Membership # _____ at \$5 each	\$
OCT	Children & Youth	Belize: Friends School Feeding Program	\$
	United Thank Offering	Kenya: Samburu Ministry Staff & Pastors	\$
	NC Project	NCUSFW Scholarship Fund	\$
NOV	United Thank Offering	Kenya: Turkana Ministry Staff & Pastors	\$
	Christian Service	Kenya: Lugulu Hospital Adopt-A-Bed	\$
DEC	NC Project	Friends Disaster Service-NCYM	\$

Any time Members Recognized at the Annual Gathering

MEMBERSHIP TO: ELIZA ARMSTRONG COX FELLOWSHIP \$25.00 (\$12.50 goes to USFWI, \$12.50 stays with NCUSFW) \$

NORTH CAROLINA UNITED SOCIETY OF FRIENDS WOMEN financial summary as of 10/31/2021		
January	Eliza Armstrong Cox Fellowship Scholarship Fund	\$1,910.00
	FTC Scholarship Fund	\$1,245.00
February	PEACE & CHRISTIAN SOCIAL CONCERNS USFWI	
	1- Belize: Oscar Siema Mmbali	\$843.75
	2-Cuba: Quaker Institute of Peace	\$678.75
	3-Right Sharing of World Resources: Samson Ababu Support	\$843.75
	4-East Africa Friends Church Peace Team: Getry Agizah	\$858.75
	FEMAP-Friends Emergency Materials Assistance Program	\$920.00
March	FOUR FUNDS USFWI	
	1-Love Fund: Belize: Nikki Holland	\$942.50
	2-Faith Fund: Kenya: Robert Wafula	\$1,157.50
	3-Hope Fund: Ramallah: Adrian Moody	\$917.50
	4-Joy Fund: Kenya: Katrina & Shawn McConaughy	\$917.50
April	CHRISTIAN SERVICE USFWI	
	1 N America: Mesquakie Friends Center	\$1,011.25
	2-N America: The Friends Center (formerly MOWA Choctaw)	\$1,201.25
	3-N America: Kickapoo Friends Center	\$1,011.25
	4- Kenya: Lugulu Hospital Adopt-a-Bed	\$1,011.25
May	Friends Homes Quaker Assistance Fund	\$1,122.50
	Spring Conference Offering - Quaker Lake	\$3,122.50
June	NC USFW Projects	\$547.50
	Matamoros, Mexico Missions	\$887.50
July	CHILDREN & YOUTH USFWI	
	1- Kenya: Turkana/Samburu Girl's Secondary Education	\$1,027.50
	2- Belize: School Feeding Program	\$977.50
	3- Ramallah: Eli & Sybil Jones Scholarship Fund	\$827.50
	4- Ramallah: Special Educational Needs Students at Friends School	\$852.50
August	Annual Gathering	
	Offering- Friends Center: Guilford College	\$1,126.00
	Offering- Campus Ministry	\$1,396.00
September	80% Membership Apportionment to USFWI	\$980.00
	20% Membership Apportionment to Scholarship Fund	\$245.00
	NCUSFW Scholarship Fund	\$1,005.00
October	KEYS TO THE KINGDOM USFWI	
	1- Belize: Literacy Program	\$616.66
	2- Triennial Overseas Travel Assistance (USFW YM Clerks)	\$241.66
	3- <i>The Advocate</i> Subsidy	\$291.66
November	UNITED THANK OFFERING USFWI	
	1-Jamaica: Pastoral Care	\$75.00
	2-Kenya: Turkana Ministry Staff and Pastors (27 Workers)	\$125.00
	3-Kenya: Samburu Ministry Staff and Pastors (22 Workers)	\$125.00
	4-Kenya: FTC Faculty Support for Satellite Campuses	\$230.00
December	Friends Disaster Service-NCYM	\$510.00
	Total Greensheet projects	\$31,802.00
Other Contributions		
	EAC Fellowship	\$228.00
	Literature	\$2,513.24
	Spring Conference Registration/Donations	\$1,018.00
	Total Funds Received 2021	\$35,561.24

NC USFW Spring Conference Registration

Saturday, May 21, 2022

Quaker Lake Camp

Climax, NC



Katrina McConaughy is a lifelong Friend from Oregon and has been a program officer with FUM Africa Ministries Office for the last four years. She will be moving from Kenya to Indiana after her husband, Shawn McConaughy, assumes his new role in April 2022 as Superintendent of Western Yearly Meeting. Please come hear Katrina share about the ministries of FUM in East Africa, things they have learned, and ways you can pray or be involved.

9:00 – 10:00 am Registration and Bookstore with light refreshments

10:00 am – 12 noon Welcome, Music, Business and Program

12:00 noon Luncheon – catered lunch @\$12.50 each

Please send memorials by May 7, 2022

to Jan Dough, 2541 Old Lexington Rd, Asheboro, NC 27205.

If you cannot attend, please watch the live stream video on You Tube- search for Paul Routh. *This will be a live feed presentation.*

If you have questions please contact Janet Robbins 336-971-1212 or email jrobbins1604@gmail.com

NC USFW Spring Conference at Quaker Lake

Please clip and send by May 14, 2022

Name(s) _____

Meeting _____

Number of Lunches at \$12.50 each _____ Total \$ _____

Please clip / mail with check written to:

Alicia Sharp: 6 H Fraternity Drive Apt H Greensboro, NC 27407