

Fort Caswell Camp Packing List

Bring (Required)

- Bible
- Notebook/journal + pen
- Camp forms/medications (in original containers, labeled; give to leaders as instructed)

Clothing

- Enough clothes for the full trip (plus 1 extra set) Friday-Sunday
- Modest swimwear (see standards below)
- Beach cover-up (t-shirt or swim cover)
- Pajamas
- Underwear/socks
- Light jacket/hoodie (even at the beach, nights can be cool)
- Comfortable shoes (sneakers) + sandals/flip-flops

Beach & Sun

- Beach towel
- Sunscreen (apply often)
- Sunglasses (optional)
- Hat (optional)
- Refillable water bottle
- Small day bag/backpack for the beach

Hygiene

- Toothbrush/toothpaste
- Deodorant
- Shampoo/conditioner/body wash
- Hairbrush/comb + hair ties
- Any personal hygiene items needed
- Bug spray (helpful in coastal areas)

Bedding

- Sleeping bag or twin sheets + blanket
- Pillow

Optional (Helpful)

- Flashlight/headlamp
- Laundry bag (trash bag works)

- Spending money for camp store/snacks
 - Camera (optional; no drones)
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Do Not Bring (Prohibited / Not Allowed)

- Alcohol, nicotine/vapes, drugs, or any drug paraphernalia
- Weapons of any kind (including knives, pellet/BB guns)
- Fireworks
- Inappropriate clothing (see swimwear and modesty below)
- Pornography or sexually explicit content
- Energy drinks (if your group/camp disallows them)
- Expensive valuables (jewelry, large amounts of cash)
- Anything that distracts from camp (leaders may restrict items)

Phones & electronics

- Follow your group's rules. If you allow phones: bring charger and consider a portable battery.
 - Leaders reserve the right to hold phones during sessions/devotions if needed.
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Swimwear Modesty Guidelines (Beach Camp)

Students must wear **modest swimwear** that supports a Christ-honoring environment.

Approved examples

- One-piece swimsuit
- Tankini with full coverage (top and bottoms must stay in place)
- Modest Two Piece (top and bottoms must stay in place)
- Swim trunks (not underwear; appropriate length)
- Cover-up required when walking to/from the beach or around camp buildings
- Parents this will be at your discretion

Not allowed

- Overly revealing two-piece suits
- Extremely high-cut or see-through swimwear
- Speedos/brief-style suits
- Swimwear with inappropriate words or images