Carolina Woman

December 2026 – February 2027

A publication of North Carolina United Society of Friends Women

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In this issue: NEWS and:

Pictures from August 29, 2026 NC USFW at Bethel Friends
- **Collect L, H, and E, Dollars. The love, hope and education dollars $$$, will boost the funds for the Eliza Armstrong Cox Scholarships**
- Order form for Advocate
- Green Sheet list of Projects, and Payment/Transmittal Sheet

PRESIDENT'S MESSAGE

Debbie Allen

"For everything there is a season, and a time for every matter under heaven"-Ecclesiastes 3:1

The Bible reminds us that there is a season for everything. It is that time of year once again that change takes place. I know there are changes throughout the year, but Fall is one of my favorite times of the year. Fall brings so many changes especially to our senses. The beautiful leaves changing from green to hues of red, yellow, orange and brown are a beautiful sight for our eyes from our Creator. The smells of pumpkin spice and bonfires fill our sense of smell. There is nothing like the sound that fills our ears like the crackling of bonfires and the laughter on fall hayrides. My Meeting just held their Fall Festival and the sounds of laughter and comradery reminded me of how good God is. The crisp cool air touching our skin awakens our tired bones. Then my favorite is the tastes that come with Fall- s'mores from the bonfires, warm spices, orchard fruits and warm stews.

And it is also time for NCUSFW to change themes and officers. Bethel Friends Ladies did a beautiful job introducing our new theme "Flourishing in Faith, Love, and Peace" at our Fall Conference in August. Jessica Jarvis was installed as our new Vice President. Sarah Cox was so efficient and pleasant holding the position of Literature and Reading Secretary. Joy Everhart will take over Sarah's position as our new Literature and Reading Secretary. Pat Core is graciously keeping her position as Children and Youth Secretary. Alicia Sharp has also agreed to continue as Treasurer. Debbie Allen (that's me!) will make the change from Vice President to President of NCUSFW. All other positions stayed the same. We are very fortunate to have such an incredible group of women to work together to help carry out God's will. Being around and learning from such Godly and wise women was one of the reasons that I agreed to help lead this group. Our mighty President Sherry Hylton will be missed. I have been watching and learning from Sherry the last few years so I will do my best to carry on the many projects and beliefs of NCUSFW. I also know that Sherry and all these ladies will support and answer any questions that may arise. If I don't know the answer there are so many wiser women than me to call upon.

It is not only the board members of NCUSFW but also all the wonderful ladies in groups at their Meetings gathering in the name of Jesus that makes NCUSFW so extraordinary and strong.

One of the greatest comforts we have as believers is knowing that although changes come and go, God does not. Summer is changing to Fall and NCUSFW is changing themes and officers, but God's faithfulness remains constant, and as an incredible group of ladies we will stay constant to spread the Word of Christ. Every new season and situation invites us to rely on Him even more. I know that with my new position with NCUSFW I will be trusting in God more deeply. I look forward to our new "season" together and can't wait to see all the incredible blessings God provides.

REMINDERS:
-Keep collecting stamps
-Keep gathering $1 bills with the letters L,H and E to be donated to our scholarship fund
-Take photos of your Circle participating in various events
-Be on the lookout of how your Meeting can help with the Triennial July 21-24, 2027

PEACE AND SOCIAL CONCERNS

Esther Creed

We are entering the Winter season of our lives. After the Thanksgiving family get-togethers and the Christmas parties, we usually hibernate at home. So now is a good time to evaluate ourselves and see if we are where God wants us to be.

Two things I will mention that I think is important to cultivate. Things that will lift our spirits and those around us. Start each day with pleasant words. Start at home and then reach out. Be positive. No one wants to be around a negative person.

Smile more often. A smile reaches out and attracts. Express comments and appreciation to those you come in contact each day.

You cannot have joy in your heart with a frown on your face. Proverbs 15:13,15 "A joyful heart makes a cheerful face, but when the heart is sad, the spirit is broken. All the days of the afflicted are bad, but a cheerful heart has a continual feast." A joyful and thankful heart is what we need especially today.

In November, I will be having surgery to do a Reverse Shoulder Replacement. Please pray that all goes well and that I will be able to use each day to say pleasant words and smile more often.



SCHOLARSHIP

Bennie Burton

December is the time to encourage the graduating youth in your meeting to apply for the Eliza Armstrong Cox Scholarship. Applications must be postmarked by March 15, 2027

Application forms for the Cox scholarship, including the single form for returning applicants, are available at http://friendschurchnc.org/usfw. Applicants must be **participating members of a meeting that actively participates in NC USFW.** New and returning students may apply from January 1 through March 15, 2027; applications must be postmarked by March 15, 2027. Mail applications to Bennie Burton, 155 Toms Creek Bluff Ln., Pilot Mountain, NC 27041. This name and address also appears at the bottom of the application forms.

Also remember, NC USFWs are collecting L, H, and E, Dollars. The love, hope and education dollars $$$, will boost the funds available for the Eliza Armstrong Cox Scholarships. These dollars, (in the form of a check), are to be sent to Alicia Sharp by April 2027.

ELIZA ARMSTRONG COX LIFETIME FELLOWSHIP MEMBERSHIP

Eliza Armstrong Cox Lifetime Fellowship membership is an honor and a recognition for service and dedication to the meeting and NC USFW. Circles will submit $25.00 for each nomination ($12.50 goes to USFWI and $12.50 goes to the Eliza Armstrong Cox **Scholarship** Fund). A certificate signed by the USFWI President as well as the NC USFW President is sent to the Circle that submitted the name(s) for recognition. Nominations can be made at any time of the year but members are recognized at the Annual Gathering in the fall each year.

Member(s) to be recognized:_____

Meeting:_____

Name & Address of person(s) to receive certificate(s):_____

Date:_____

Enclose $25.00 **per nominee** payable to NC USFW and send to the NC USFW Treasurer Alicia Sharp with your check.



Thank you for your support of the Eliza Armstrong Cox Scholarship Fund.

Copy this form as needed……

Eliza Armstrong Cox 1850-1935
Founder of USFWI
United Society of Friends Women International

Birthdays of Workers and their families

December	January	February
9 Clifton Major	2 Nancy Wafula	2 Kelly Kellum
13 Zein Mosarsaa	6 Chris Luben	2 Kathy Kellum
14 Getry Agizah	11 Frank Tench	14 Emonse Muhindi
22 Michael Sherman	27 Catherine (Kate) Gunza	14 Daniel Njuguna Thuita
	28 Margarita Tench	

The March-April Advocate 2026 has the workers' location, address, email address, and family members



CHILDREN AND YOUTH EDUCATION

Pat Core

SHARING

"Life is all about sharing. If we are good at something, pass it on." Mary Berry

"God has given us two hands, one to receive with and the other to give with. We are not cisterns made for hoarding: We are channels made for sharing." Billy Graham

Sharing is the act of using, experiencing, dividing, or distributing something jointly with others. It represents an unselfish willingness to cooperate and build social bonds. Sharing helps people recognize that others have needs, feelings, and perspectives just like their own. It creates trust, encourages teamwork, and lays the foundation for lifelong friendships as well as positive social ties.

"Sharing is caring" is a popular phrase meaning that giving, trading, or letting others use things show kindness and concern for their well-being. Learning to share helps children manage emotions, see alternative viewpoints, and build friendships. It is a key part of getting along with others. As children get older sharing becomes more important.

Why is sharing important? Sharing is crucial for fostering relationships, enhancing emotional well-being, and promoting cooperation among individuals. It teaches valuable life skills and contributes to a sense of belonging to a community. Engaging in acts of sharing is also believed to improve one's health by reducing stress as well as boosting the immune system. It is easy to see the value of developing and maintaining our need to share often to strengthen our well-being.

We are entering a season which offers many opportunities to practice the disciplines of sharing and giving. Thanksgiving and Christmas are ideal times to foster community spirit with kindness. It is a time of joy and warmth, with lots of celebration. This time of the year is often associated with gift giving and family gatherings, but the heart of the holiday truly lies in kind generosity. As we look for ways to help others, let's be aware of the personal joy that sharing and giving to others can bring to our own well-being.

LITERATURE

Joy Everhart

SIMPLE GIFTS

"There is a time for everything, and a season for every activity under the heavens." ***– Ecclesiastes 3:1***

Traveling to new places, descriptions that jump off the pages, and fictional characters that become friends, these are just a few of the reasons I love to read a good book. Taking time for myself, resting, and reconnecting to literature are some of the simple gifts I give myself. With the holiday season approaching, my gift to you is to make sure you find time for things that matter to you. The holiday season can become overwhelming with baking, cooking, gift buying, gift wrapping, cards to mail, attending multiple events, and so much more. What if we just made time to be present with friends and family that matter to us. That is the best gift…. Your time and presence. And isn't that what God wants too… our time and presence. I encourage you to find the simple gifts this season… time for those that matter most to you… friends, family, and of course God.

Enjoy the simple gifts! Joy C. Everhart



STEWARDSHIP

Brenda McKinney

ENCOURAGE ONE ANOTHER IN LOVE

My very first USFWI triennial was in Greensboro at the Marriott hotel. We had "local" speakers including Donna Shore Terrell and FUM field staff from around the world. It was a tremendous learning experience for me. The one speaker who touched me the most was the principal of Ramallah Friends Lower School, the elementary school. She told us of the students, their hard work and successes. She also described the violence and terror of the Intifada and how her daughter slept between her and her husband holding their hands. Later I was able to travel to Ramallah on a FUM Living Letters trip and visit with her and several of the teachers. One of the most fun service projects I have ever done was re-painting a mural in the hallway of the school while the men in the group painted classrooms. There were many other reports at that conference from Kenya, Belize, and Cuba and I was so impressed by all the work of Friends United Meeting; I still am today.

As a general board member, I try to keep up with our missions and work around the world. I see the face of Rania Maayeh who bravely reports the exceptional work and successes of the Ramallah Friends School students in the face of today's terror and uncertainties. I see the light and joy in the faces of our Cuban friends as they lift their hands in worship even though they haven't had enough to eat and have no medicine for a simple headache. I see the strength and passion in Getry Agizah's face as she speaks to young people about a peaceful world without violence. I see the wonder and delight in our children in the Belize preschool as they master the alphabet and enjoy playing in a safe nurturing environment. FUM exceeded its campaign goal last year, praise the Lord, but there are always more needs than money, more deserving projects we want to support. This quarter's fundraising goal is called –

"Encourage One Another in Love." We all know how vital our prayers are and my prayer is that we continue to encourage one another and especially our FUM field staff, Richmond staff, and volunteers with our heartfelt prayers. We have a responsibility to be faithful stewards of the resources God so generously provides.

During our recent FCNC (Friends Church of North Carolina) Annual Sessions, people spoke to the FUM ministries which had impacted them. Representative Body approved $50,000 that will indeed make a difference to those who are selflessly serving in their corner of the world. Karla Jay, our FUM Global Ministries Coordinator shared in a Facebook post on November 7: "Big heartfelt thank you to FCNC for your generous contribution to the Friends United Meeting Ministry Support Fund. Your gift of $50,000 goes to provide support for the mission and ministries of FUM around the world. Thank you, thank you, thank you!" I am humbled and proud to be a member of FCNC and especially NCUSFW as we help ensure with our "Green Sheet" projects that these vital FUM ministries continue.



FUM in Belize ….

There are very few schools for pre-K education in the Southside neighborhood where Belize Friends School is located. Given these circumstances, Belize Friends School is making a pivot toward early childhood education.

From Friendsunitedmeeting.org *website*

The Advocate Subscription Form

Name _____

Address_____

City _____ **State** _____ **Zip + four**_____

Email _____ **Phone number** _____

New Subscription _____Renew____1 year ……US $15.00 2 years……30.00 3 years…40.00\

Make check payable to

***THE ADVOCATE* – USFWI**

Mail to

Etta Florence Winslow
202 Community Bldg Rd.
Belvidere, NC 27919-9666



Officer Installation for NC USFW 2026-2027



Brenda Inman & Mary Anna McCullen

NC USFW

Annual Gathering

Bethel Friends Meeting

August 29, 2026



Sherry Hylton & Debbie Allen



NC USFW Speaker

August 29, 2026
Bethel Friends Meeting

David Millikan

NC- Randolph County Chapter
Asheboro, North Carolina

"Sleep in Heavenly Peace"

"Yes, this single bed, or a bunk bed set, which does include a mattress, pillow, sheets and comforter/quilt/blanket."

If Interested in donating time, materials, money ….

Contact:
David Millikan, Chapter President
Cell: (336) 689-4275
David.millikan@shpbeds.org



NC UNITED SOCIETY OF FRIENDS WOMEN AS OF October 31, 2026

JAN	Four Funds-Hope	Ramallah: Raina Maayeh	$	1,495.00
	Peace & Christian Social Concerns	Cuba: Quaker Institute of Peace	$	975.00
	NC Projects	Scholarship Fund NCUSFW EAC	$	1,036.00
	NC Projects	Scholarship Fund FTC	$	1,569.00
FEB	Children & Youth	Turkana /Samburu: Shepherd Boys Education	$	1,506.00
	Christian Service	Native American: Mesquakie Friends Center	$	1,334.50
	NC Projects	FEMAP-Friends Emergency Material Program	$	1,796.00
MAR	Children & Youth	Ramallah: Eli & Sybil Jones Scholarship Fund	$	1,430.00
	Keys to the Kingdom	USFWI Triennial Program & Travel Subsidy	$	675.00
	Peace & Christian Social Concerns	E. Africa Friends Church Peace Team	$	1,100.00
	NC Projects	Matamoros, Mexico Missions	$	980.00
APRIL	Four Funds-Joy	Kenya: Getry Agizah	$	1,437.00
	United Thank Offering	Kenya: E-Learning via Friends Theological College	$	1,267.00
	NC Projects	Friends Homes Quaker Assistance Fund	$	1,201.00
MAY	Children & Youth	Ramallah: Special Needs Children at Friends School	$	1,459.00
	Keys to the Kingdom	Latino Fund Ministry	$	1,030.00
	Keys to the Kingdom	*The Advocate* Subsidy	$	845.00
	NC Projects	Spring Conference Offering - Quaker Lake	$	3,647.00
JUNE	United Thank Offering	Kenya: Turkana Ministry Staff & Pastors	$	1,672.00
	Christian Service	Belize: Church Food Pantry/Grocery Bag Program	$	1,489.50
	NC Projects	Friends Disaster Service-NCYM	$	2,021.00
JULY	Four Funds-Faith	Kenya: Robert Wafula	$	2,440.00
	Peace & Christian Social Concerns	Kenya: RSWR Staff Support	$	1,240.00
	NC Projects	Membership at $10 each		
	USFWI	Apportionment to USFWI ($8)	$	2,000.00
		Apportionment to NC Scholarship Fund($2)	$	500.00
AUG	Children & Youth	Belize: Friends School Feeding Program	$	1,304.00
	United Thank Offering	Kenya: Samburu Ministry Staff & Pastors	$	1,265.00
	NC Projects	Annual Gathering Offering:		
		1- Friends Center: Guilford College	$	1,520.00
		2- Campus Ministry -FCNC	$	2,041.00
SEPT	United Thank Offering	Jamaica: Pastoral Care	$	1,480.00
	Keys to the Kingdom	FUM Solidarity Fund	$	905.00
	Peace & Christian Social Concerns	Belize: Leadership Team Support	$	1,185.00
OCT	Children & Youth	Turkana /Samburu: Girls' Secondary Education	$	1,034.00
	Christian Service	Kenya: Lugulu Hospital Adopt-A-Bed	$	1,247.50
	NC Projects	NCUSFW Scholarship Fund	$	750.00
NOV	Four Funds-Love	Belize: Friends Ministries Director	$	130.00
	Christian Service	Native American: Kickapoo Friends Center	$	162.50
DEC	NC Projects	NCUSFW Projects	$	20.00
		Total Green Sheet Projects	$	49,189.00

Alicia Sharp, Treasurer " If you walk with the Lord, you'll never be out of step"

new 5/1/26

NORTH CAROLINA UNITED SOCIETY OF FRIENDS WOMEN

2026 CHECK TRANSMITTAL FORM

MEETING:_____ TREASURER NAME _____

E-MAIL _____ PHONE #_____

DATE:_____ CHECK #_____ AMOUNT:_____

JAN	Four Funds-Hope	Ramallah: Rania Maayeh	$
	Peace & Christian Social Concerns	Cuba: Quaker Institute of Peace	$
	NC Project	Scholarship Fund NCUSFW-EAC	$
	NC Project	Scholarship Fund FTC	$
FEB	Children & Youth	Kenya: Turkana/Samburu: Shepherd Boys Education	$
	Christian Service	Native American: Mesquakie Friends Center	$
	NC Project	FEMAP-Friends Emergency Materials A P	$
MAR	Peace & Christian Social Concerns	E. Africa Friends Church Peace Team	$
	Children & Youth	Ramallah: Eli & Sybil Jones Scholarship Fund	$
	Keys to the Kingdom	USFWI Triennial Program & Travel Subsidy	$
	NC Project	Matamoros, Mexico Missions	$
APRIL	Four Funds-Joy	Kenya: Getry Agizah	$
	United Thank Offering	Kenya: E-Learning via Friends Theological College	$
	NC Project	Friends Homes Quaker Assistance Fund	$
MAY	Children & Youth	Ramallah: Special Needs Children at Friends	$
	Keys to the Kingdom	Latino Funds Ministry	$
	Keys to the Kingdom	The Advocate Subsidy	
	NC Project	Spring Conference Offering - Quaker Lake	$
JUNE	United Thank Offering	Kenya: Turkana Ministry Staff & Pastors	$
	Christian Service	Belize: Church Food Pantry/Grocery Bag Project	$
	NC Project	Friends Disaster Service-NCYM	$
JULY	Four Funds-Faith	Kenya: Robert Wafula	$
	Peace & Christian Social Concerns	Kenya: RSWR Kenya Staff Support	$
AUG	Children & Youth	Belize: Friends School Feeding Program	$
	United Thank Offering	Kenya: Samburu Ministry Staff & Pastors	$
	NC Project	Annual Gathering Offering:	$
		1- Friends Center: Guilford College	$
		2- Campus Ministry -FCNC	$
SEPT	United Thank Offering	Jamaica: Pastoral Care	$
	Keys to the Kingdom	FUM Solidarity Fund	$
	Peace & Christian Social Concerns	Belize: Leadership Team Support	$
	NC Project	Membership #_____ at $10 each	$
		Apportionment to USFWI ($8) NC Schoolarship ($2)	
OCT	Children & Youth	Kenya: Turkana/Samburu: Girls' Secondary	$
	Christian Service	Kenya: Lugulu Hospital Adopt-A-Bed	$
	NC Project	NCUSFW Scholarship Fund ASC	$
NOV	Four Funds-Love	Belize: Director	$
	Christian Service	Native American: Kickapoo Friends Center	$
DEC	NC Project	NCUSFW Projects	$
Any time	Members Recognized at the Annual Gathering	MEMBERSHIP TO: ELIZA ARMSTRONG COX FELLOWSHIP $25.00 ($12.50 goes to USFWI, $12.50 stays with NCUSFW)	$

MAKE CHECK PAYABLE TO NCUSFW TOTAL $

MAIL TO: ALICIA SHARP 908 Scottish Rite Dr, Apt 219

GREENSBORO NC 27407

NC UNITED SOCIETY OF FRIENDS WOMEN 2026 GREENSHEET PROJECTS

JAN	Four Funds-Hope	Ramallah: Rania Maayeh
	Peace & Christian Social Concerns NC Project	Cuba: Quaker Institute of Peace
	NC Project	Scholarship Fund NCUSFW-EAC Scholarship Fund FTC
FEB	Children & Youth	Kenya: Turkana/Samburu: Shepherd Boys Education
	Christian Service NC Project	Native American: Mesquakie Friends Center FEMAP-Friends Emergency Materials Assistance Program
MAR	Peace & Christian Social Concerns	E. Africa Friends Church Peace Team
	Children & Youth	Ramallah: Eli & Sybil Jones Scholarship Fund
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	Christian Service	Belize: Church Food Pantry / Grocery Bag Project
	NC Project	Friends Disaster Service-NCYM
JULY	Four Funds-Faith	Kenya: Robert Wafula
	Peace & Christian Social Concerns NC Project	Kenya: RSWR Kenya Staff Support
AUG	Children & Youth United Thank Offering NC Project	Belize: Friends School Feeding Program Kenya: Samburu Ministry Staff & Pastors Annual Gathering Offering: **1-** Friends Center: Guilford College **2-** Campus Ministry -FCNC
SEPT	United Thank Offering	Jamaica: Pastoral Care FUM
	Keys to the Kingdom	FUM Solidarity Fund
	Peace & Christian Social Concerns	Belize: Leadership Team Support
	NC Project	Membership #_____ at $10 each Apportionment to USFWI ($8) NC Scholarship ($2)
OCT	Children & Youth	Kenya: Turkana/Samburu: Girls' Secondary Education
	Christian Service NC Project	Kenya: Lugulu Hospital Adopt-A-Bed NCUSFW Scholarship Fund NCUSFW-EAC
NOV	Four Funds-Love	Belize: Director
	Christian Service	Native American: Kickapoo Friends Center
DEC	NC Project	NCUSFW Projects